



Thank you for choosing us for your therapy! Please fill out this intake form as thoroughly as possible. Feel free to ask any questions about any information being requested. All information gathered for this treatment is confidential. Email addresses are only used for appointment confirmations, reminders, cancellations, and occasional clinic news. Your written permission will be required to release any information.

## PATIENT INFORMATION

Full Name: \_\_\_\_\_ Birth Date (MM/DD/YY): \_\_\_/\_\_\_/\_\_\_ M/F  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Tel (Home): \_\_\_\_\_ (Cell): \_\_\_\_\_ (Work): \_\_\_\_\_  
Email: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Medical Doctor (Name & #): \_\_\_\_\_ If needed, may we contact them? Y/N

How did you hear about us?

- Friend: \_\_\_\_\_
- Family Member: \_\_\_\_\_
- Website: \_\_\_\_\_
- Doctor: \_\_\_\_\_
- Ad: \_\_\_\_\_
- Other: \_\_\_\_\_

Primary reason for receiving massage therapy? \_\_\_\_\_  
General Health Status? \_\_\_\_\_

What other treatment have you tried (previously or current):

- Chiropractic
- Acupuncture
- Physiotherapy
- Naturopath
- Massage
- Other: \_\_\_\_\_

## CURRENT HEALTH HISTORY

Health History: please indicate condition you are experiencing or have experience):

- Chronic Cough
- Shortness of Breath
- Bronchitis
- Asthma
- Emphysema
- High Blood Pressure
- Low Blood Pressure
- Heart Attack
- Phlebitis
- Stroke/CVA
- Diabetes Mellitus
- Epilepsy
- Loss of Sensation
- Cancer
- Arthritis
- Headache
- Vision Loss
- Hearing Loss
- Ear Issues
- Pregnant
- Gynaecological Condition
- Caesarean Section
- Breast pain/Tenderness
- Tuberculosis
- HIV
- Hepatitis
- Skin Condition
- Constipation
- Allergies If yes, what:  
\_\_\_\_\_  
\_\_\_\_\_

**Joint/Soft Tissue Discomfort:**

- |                                     |                                    |                               |                                       |
|-------------------------------------|------------------------------------|-------------------------------|---------------------------------------|
| <input type="checkbox"/> Neck       | <input type="checkbox"/> Shoulders | <input type="checkbox"/> Feet | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Upper Back | <input type="checkbox"/> Arms      | <input type="checkbox"/> Hips | _____                                 |
| <input type="checkbox"/> Mid Back   | <input type="checkbox"/> Legs      |                               | _____                                 |
| <input type="checkbox"/> Low Back   | <input type="checkbox"/> Knees     |                               |                                       |

Is there any family history of the above? If yes, what? \_\_\_\_\_

Current Medications: \_\_\_\_\_

History of Surgery: \_\_\_\_\_

History of accidents or injuries: \_\_\_\_\_

Of special note (internal pins, wire, artificial joints, special equipment) \_\_\_\_\_

Any allergies to Vitamin E, nuts, citrus, coconut? \_\_\_\_\_

**THERAPIST'S NOTES**

